

I will rejoice in  
the LORD, I will  
joy in the God of my  
salvation



# *The Prayer of the ninth hour*



# *Place my soul*

I place my soul into your hands  
My Lord Jesus Christ  
Lead me 'cause I depend on you  
Lead me and I'll serve you  
Please be my guide in every way  
Be my guard I won't go astray  
Sanctify my heart and my needs  
Until I see you Lord

**As you have always said**  
**O source of all goodness**  
**"Come unto me all you weary**  
**Come unto me and you will find rest**  
**Come onto me I am the way**  
**I am the truth and life"**

# *Place my soul*

When my life gets filled with worries  
And darkness overwhelms  
The clouds will be dispersed away  
By you, O prince of peace  
You are my shield you are my hope  
You are my strengths you are my goal  
You are the perfect love, O Lord  
Of whom then shall I fear!  
**As you have always said**  
**O source of all goodness**  
**"Come unto me all you weary**  
**Come unto me and you will find rest**  
**Come onto me I am the way**  
**I am the truth and life"**

# *Place my soul*

You are my shepherd I'll not want

Lead me to still waters

Restore my soul I'm calling you

Lead me to righteousness

Though I walk through the Death Valley

With you, I will fear no evil

You are my comfort staff and rod

All the days of my life

**As you have always said**

**O source of all goodness**

**"Come unto me all you weary**

**Come unto me and you will find rest**

**Come onto me I am the way**

**I am the truth and life"**

# *Place my soul*

Come Take your cross and follow me  
    Fear not I am with thee  
Cheer up I've overcome the world  
    Your tears I'll wipe away  
I showed you my love on the cross  
    And if you're faithful unto death  
    I will give you eternal life  
    Come now and follow me  
**As you have always said**  
**O source of all goodness**  
**"Come unto me all you weary**  
**Come unto me and you will find rest**  
**Come onto me I am the way**  
**I am the truth and life"**

# Prayer of Habakkuk

(Habakkuk 3)

O LORD, I have heard Your speech *and* was afraid; O LORD, revive Your work in the midst of the years! In the midst of the years make *it* known; In wrath remember mercy. God came from Teman, The Holy One from Mount Paran. His glory covered the heavens, And the earth was full of His praise. *His* brightness was like the light; He had rays *flashing* from His hand, And there His power *was* hidden. Before Him went pestilence, And fever followed at His feet. He stood and measured the earth; He looked and startled the nations. And the everlasting mountains were scattered, The perpetual hills bowed. His ways *are* everlasting. I saw the tents of Cushan in affliction; The curtains of the land of Midian trembled. O LORD, were You displeased with the rivers, *Was* Your anger against the rivers, *Was* Your wrath against the sea, That You rode on Your horses, Your chariots of salvation? Your bow was made quite ready; Oaths were sworn over *Your* arrows. You divided the earth with rivers.

# *Prayer of Habakkuk* (Habakkuk 3)

The mountains saw You and trembled; The overflowing of the water passed by. The deep uttered its voice, And lifted its hands on high. The sun and moon stood still in their habitation; At the light of Your arrows they went, At the shining of Your glittering spear. You marched through the land in indignation; You trampled the nations in anger. You went forth for the salvation of Your people, For salvation with Your Anointed. You struck the head from the house of the wicked, By laying bare from foundation to neck. You thrust through with his own arrows The head of his villages. They came out like a whirlwind to scatter me; Their rejoicing was like feasting on the poor in secret. You walked through the sea with Your horses, Through the heap of great waters. When I heard, my body trembled; My lips quivered at the voice; Rottenness entered my bones; And I trembled in myself, That I might rest in the day of trouble.

# *Prayer of Habakkuk* (Habakkuk 3)

When he comes up to the people, He will invade them with his troops. Though the fig tree may not blossom, Nor fruit be on the vines; Though the labor of the olive may fail, And the fields yield no food; Though the flock may be cut off from the fold, And there be no herd in the stalls, Yet I will rejoice in the LORD, I will joy in the God of my salvation. The LORD God is my strength; He will make my feet like deer's feet, And He will make me walk on my high hills. Amen.

# *Psali Adam for the Apostles fast*

**I cried to You O Lord, do not forget me,**

**be to me a guard, and hearken to me.**

**Send me Your help, from the highest,**

**lift away my afflictions, and my iniquities.**

+ For with joy, I will declare the words,

concerning my masters, and fathers the Apostles.

+ David the beautiful, with the Spirit in him,

said "Their voices went out, to all the earth."

**These are the foundations, of the Orthodoxy,**

**who established the faith, in the Church.**

**Therefore truly, they are our guides,**

**to the salvation, and these are their names:**

+ Behold Peter and Andrew, John and James,

Philip and Matthew, and Bartholomew.

# *Psali Adam for the Apostles fast*

+ Thomas and James, and Simon the zealot,  
and the wise Thaddeus, and Matthias completed them.

**Behold these twelve, are precious pearls,  
and the seventy two, chosen Disciples.**

**To every land, city and village,  
they went and continually, performed miracles.**

+ And also truly, they restored the world,  
to the knowledge of the truth, because of the many wonders.

+ For Moses has brought, out from a rock,  
twelve fountains, flowing and gushing.

**There was in Elim, twelve fountains,  
and many herbs, and seventy palm trees.**

**The prophet has said, "An olive tree,  
has blossomed and budded, into twelve branches."**

# *Psali Adam for the Apostles fast*

+ Truly indeed, these are parables,  
of the Apostles, who passed on the commandments.

+ These twelve were chosen, by our Savior,  
He sent them everywhere, like the stars.

**The names of, the twelve tribes,  
and the twelve gates, of that city.**

**Look and learn now, that in a day,  
there are twelve hours, pass by every day.**

+ And also the months, twelve in a year,  
and also our daily works, twelve in their count.

+ Behold all these symbols, direct us to,  
the Apostles, who preached to us.

# *Psali Adam for the Apostles fast*

**O God the Refuge, through their prayers,  
repose all the souls, of those who departed.**

**Forgive us our sins, and our iniquities,  
through Your love for man, and through their intercessions.**

+ The rest of Your people, guard them O Lord,  
those which are Your vessels, O God the Guardian.

+ O who was, with His Apostles,  
forgive us our sins, we Your people.

# *Prayer by St Augustine*

My God, let me know and love you, so that I may find my happiness in you. Since I cannot fully achieve this on earth, help me to improve daily until I may do so to the full. Enable me to know you ever more on earth, so that I may know you perfectly in heaven. Enable me to love you ever more on earth, so that I may love you perfectly in heaven.

In that way my joy may be great on earth, and perfect with you in heaven. O God of truth, grant me the happiness of heaven so that my joy may be full in accord with your promise. In the meantime let my mind dwell on that happiness, my tongue speak of it, my heart pine for it, my mouth pronounce it, my soul hunger for it, my flesh thirst for it, and my entire being desire it until I enter through death in the joy of my Lord forever. Amen.

# *Silent personal prayers*



# *Conclusion of every hour*

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come. Lord, receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies. Conduct our thoughts. Purify our intentions. Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory. For You are blessed forever. Amen.