



*We do not know what
to do, but our
eyes are upon You*

Prayer of the 9th hour

To whom shall I go

When I feel worried To whom shall I go (2)
You comfort me O my Lord
I kneel and pray to You (2)

When I feel tired To whom shall I go (2)
You give me rest O my Lord
I kneel and pray to You (2)

When I feel sad To whom shall I go (2)
You give me joy O my Lord
I kneel and pray to You (2)

To whom shall I go

When I feel sick To whom shall I go (2)

You heal me O my Lord
I kneel and pray to You (2)

When I feel oppressed To whom shall I go (2)

You defend me O my Lord
I kneel and pray to You (2)

When I feel lost To whom shall I go (2)

You guide me O my Lord
I kneel and pray to You (2)

Prayer of Jehoshaphat

2Chronicles 20:5-12

“O LORD God of our fathers, are You not God in heaven, and do You not rule over all the kingdoms of the nations, and in Your hand is there not power and might, so that no one is able to withstand You? Are You not our God, who drove out the inhabitants of this land before Your people Israel, and gave it to the descendants of Abraham Your friend forever? And they dwell in it, and have built You a sanctuary in it for Your name, saying, ‘If disaster comes upon us—sword, judgment, pestilence, or famine—we will stand before this temple and in Your presence (for Your name is in this temple), and cry out to You in our affliction, and You will hear and save.’ And now, here are the people of Ammon, Moab, and Mount Seir—whom You would not let Israel invade when they came out of the land of Egypt,

Prayer of Jehoshaphat

2Chronicles 20:5-12

but they turned from them and did not destroy them— here they are, rewarding us by coming to throw us out of Your possession which You have given us to inherit. O our God, will You not judge them? For we have no power against this great multitude that is coming against us; nor do we know what to do, but our eyes are upon You.”

The Tuesday Psalm

Come to us today, O Christ our Master,
shine upon us, with Your exalted divinity.

Send to us, this great grace,
of Your Holy Spirit, the Paraclete.

**So that I may speak, with great honor,
about Your holy, and blessed name.**

**This is He who was glorified, by the mouths of,
Your righteous saints, who lived upon the earth.**

By those wandering people, in the barren mountains,
threatened by hunger and thirst, frost and cold.

They were needy and suffering, and afflicted,
according to, Paul the apostle.

The Tuesday Psalm

**But Your holy name, O my Lord Jesus,
upheld and delivered them, in all their sufferings.**

**Your holy name, O my Lord Jesus,
saved them from all, their afflictions.**

For them it was, a living food,
which filled their souls, and their bodies too.

For them it was, a fountain of living water,
sweeter than honey, in their mouths.

**When they call upon it, their hearts rejoiced,
and their bodies, blossomed.**

**When they uttered it, their minds were enlightened,
and their hearts ascended, to the heights.**

Prayer by St Macarius the Great

O Eternal God and King of all creation, Who has granted me to arrive at this hour, forgive me the sins that I have committed today in thought, word and deed, and cleanse, O Lord, my humble soul from all defilement of flesh and spirit.

And grant me, O Lord, to pass the sleep of this night in peace, that when I rise from my bed I may please Your most holy Name all the days of my life and conquer my flesh and the fleshless foes that war with me.

And deliver me, O Lord, from vain and frivolous thoughts, and from evil desires which defile me. For Thine is the kingdom, the power and the glory of the Father, Son and Holy Spirit, now and ever, and to the ages of ages. Amen.

Silent personal prayers

Conclusion of every hour

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come. Lord, receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies Conduct our thoughts. Purify our intentions. Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory. For You are blessed forever. Amen.