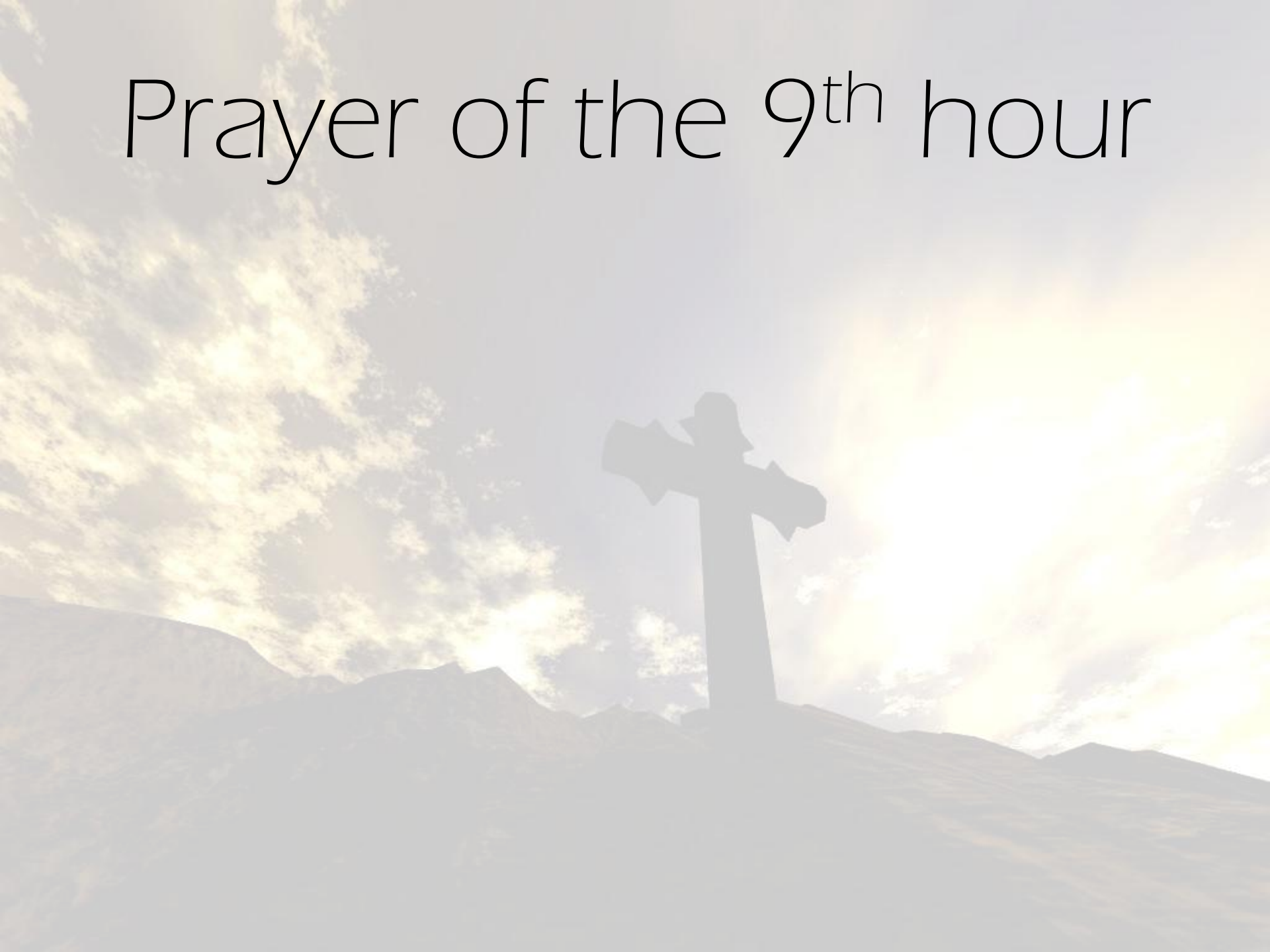


My soul shall praise the Lord,  
even unto death.

# Prayer of the 9<sup>th</sup> hour



# I place my soul

I place my soul into your hands

My Lord Jesus Christ

Lead me 'cause I depend on you

Lead me and I'll serve you

Please be my guide in every way

Be my guard I won't go astray

Sanctify my heart and my needs

Until I see you Lord

As You have always said

O Source of all goodness

"Come unto me all you weary

Come unto me and you will find rest

Come unto me I am the way

I am the truth and life"

# I place my soul

When my life gets filled with worries  
And darkness overwhelms  
The clouds will be dispersed away  
By You, O Prince of peace  
You are my shield You are my hope  
You are my strengths You are my go  
You are the perfect love, O Lord  
Of whom then shall I fear!

As You have always said  
O Source of all goodness  
"Come unto me all you weary  
Come unto me and you will find rest  
Come unto me I am the way  
I am the truth and life"

# I place my soul

You are my Shepherd I will not want

Lead me to still waters

Restore my soul I am calling You

Lead me to righteousness

Though I walk through the Death Valley

With You, I will fear no evil

You are my comfort staff and rod

All the days of my life

As You have always said

O Source of all goodness

"Come unto me all you weary

Come unto me and you will find rest

Come unto me I am the way

I am the truth and life"

# I place my soul

Come Take your cross and follow Me

Fear not I am with thee

Cheer up I've overcome the world

Your tears I'll wipe away

I showed you my love on the cross

And if you're faithful unto death

I will give you eternal life

Come now and follow Me

As You have always said

O Source of all goodness

"Come unto me all you weary

Come unto me and you will find rest

Come unto me I am the way

I am the truth and life"

# Prayer of Jesus son of Sirach

I will confess to you, O Lord and King, and I will give praise to You, O God my Savior. I will acknowledge Your name. For You have been my Helper and Protector. And You have freed my body from perdition, from the snare of the iniquitous tongue, and from the lips of those who forge lies. And You have been my Helper in the sight of those who stood nearby. And You have freed me according to the multitude of the mercy of Your name: from those who roared and prepared to devour, from the hands of those who sought my life, and from the gates of tribulation that surrounded me, from the oppression of the flames that surrounded me, and so I was not burned in the midst of the fire, from the depths of the bowels of hell, and from the defiled tongue, and from lying words, from an iniquitous king, and from an unjust tongue. My soul shall praise the Lord, even unto death. For my life was drawing near to hell below.

# Prayer of Jesus son of Sirach

And they surrounded me on every side. And there was no one who would help me. I looked around for the assistance of men, and there was none. Then I remembered Your mercy, O Lord, and Your works, which are from the very beginning. For You rescue those who persevere for You, O Lord, and You free them from the hands of the Gentiles. You exalted my habitation upon the earth, and I made supplication that death would pass away. I called upon the Lord, the Father of my Lord, so that he would not abandon me in the day of my tribulation, nor in the time of arrogance without assistance. I will praise Your name unceasingly, and I will praise it with thanksgiving, for my prayer was handed.

And You freed me from perdition, and you rescued me from the time of iniquity. Because of this, I will give thanks and praise to You, and I will bless the name of the Lord. Amen



# Psali Watos for the Holy Great Fast

Come let us fast, perfect fasts,  
through prayer and fasting, the Lord will forgive us.

The filth of our hearts, let us purify with love,  
through prayer and fasting, and befitting deeds.

+ For the Lord taught us, in His Gospel,  
through prayer and fasting, we can cast out demons.

+ The Master praised, those who fasted to Him,  
with prayer and fasting, and with undefiled thoughts.

Our fathers repented, with purity and righteousness,  
through prayer and fasting, they became worthy of the kingdom.

Eve and our father Adam, wept for the sake of Paradise,  
through prayer and fasting, the Lover of Mankind restored them.

+ Elijah shut the heaven, for three years and six months, through  
prayer and fasting, the clouds did not rain.

# Psalm Watos for the Holy Great Fast

+ Father Abraham's sacrifice, God the Master accepted,  
through prayer and fasting, He made him a patriarch.

Isaac was bound by his father, to offer him as an acceptable sacrifice,  
through prayer and fasting, a ram replaced him.

And also Jacob Israel, because of his truthful intentions,  
and through prayer and fasting, he took his father's blessing.

+ The righteous Lot was worthy, to have the angels come to him,  
through prayer and fasting, he was saved from trouble.

+ Moses took the two tablets, and placed them in the tabernacle,  
and through prayer and fasting, he struck the sea into two parts.

God directed Noah the just, to build the ark,

through prayer and fasting, he was saved from the flood.

God refrained His anger, from the Ninevites, through prayer and  
fasting, He forgave their evil deeds.

# Psali Watos for the Holy Great Fast

+ Truly Jonah was in the belly, of the whale for three days,  
through prayer and fasting, he was thrown forth on dry land.

+ The three saintly children, rejected the king's decree,  
through prayer and fasting, they quenched the furnace fire.

The lions' mouths in the den, licked the feet of Daniel,  
and through prayer and fasting, he became great in Israel.  
Samuel the anointer of kings, his parents offered him to the Lord's  
house, through prayer and fasting, he was called the anointer.

+ Truly Joseph the chaste, was saved from the adulteress,  
through prayer and fasting, he ruled over Egypt.

+ Behold the twelve apostles, preached in the blessed name,  
through prayer and fasting, they raised the dead.

David of the harp, was given the gift of prophecy,  
and through prayer and fasting, a kingdom came to him.

# Psali Watos for the Holy Great Fast

Every exalted grace, was received by the ascetics,  
through prayer and fasting, and also godliness.

+ Every soul that has pleased, the Lord God through their deeds,  
through prayer and fasting, gained the heavenly kingdom.

+ Therefore let us praise Him, and glorify Him,  
through prayer and fasting, and worship before Him.

# Prayer by St Ephrem the Syrian

○ Lord and Master! ○ God of heaven and earth! Show Your favor and open to me the door of repentance, I pray You with my afflicted soul. Regard me according to Your great mercy; incline Your ear to my prayer and forgive me, who am guilty of falling into many sins; forgive me all of the wretched things I have done, for I have been conquered by my own evil will. I seek peace and do not find it, for my conscience is stained; there is no tranquility in me due to the multitude of my sins. Hearken, ○ Lord, to a heart which cries out to You with affliction. Attend not to my deeds, but to the affliction of my soul, and hasten to heal me who am cruelly wounded. Grant that I may soon come to my senses according to the grace of Your love for mankind. Take from me the burden of my sins and grant me not that which my deeds merit, that I may not perish in the end, and that I may not be altogether deprived of thought and concern for my restoration. I fall down before Your compassion; have mercy on me who am cast into the dust by the judgment of my deeds.

# Prayer by St Ephrem the Syrian

O master, summon me, a captive who is held and bound by his deeds as with chains, for You alone know how to free those who are bound and how to heal the invisible sores that are known only to You Who knows all mysteries. show Your favor and stretch out Your hand to me. Draw me out of the mire of my iniquities, O You Who do not rejoice at the destruction of man, and Who does not turn Your face from those who cry to You with tears.

Hearken, O Lord, unto the voice of Your servant, who cries to You; show Your face to me, for I am beclouded; enlighten me with the coming of Your Holy Spirit. Grant me, O Lord, diligence, for I have become defiled, and turn my labor into joy. Tear up my sackclothes and gird me with gladness; may the door of Your kingdom open to me that having entered therein, I may glorify Your all-holy name of Father, Son, and Holy Spirit. Amen.

# Silent Personal Prayers



# Conclusion of every hour

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come. Lord, receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies Conduct our thoughts. Purify our intentions. Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory. For You are blessed forever. Amen.