

A large, weathered stone cross stands prominently on a rocky cliff in the foreground. The cross is made of several rectangular blocks of stone, with the base showing signs of moss and lichen. In the background, a white lighthouse with a dark roof sits on a grassy cliff overlooking the ocean. The sky is filled with dramatic, grey clouds, and the sea is visible in the distance. The overall scene is a coastal landscape with a mix of natural and man-made elements.

*“In Your hand it is
to make great And
to give strength to all”*

Prayer of the 9th hour



No eye has seen





Prayer of King David

“Blessed are You, LORD God of Israel, our Father, forever and ever. Yours, O LORD, is the greatness, The power and the glory, The victory and the majesty; For all that is in heaven and in earth is Yours; Yours is the kingdom, O LORD, And You are exalted as head over all. Both riches and honor come from You, And You reign over all. In Your hand is power and might; In Your hand it is to make great And to give strength to all.

Prayer of King David

Now therefore, our God, We thank You And
praise Your glorious name. But who am I,
and who are my people, That we should
be able to offer so willingly as this? For all
things come from You, And of Your own we
have given You. For we are aliens and
pilgrims before You, As were all our fathers;
Our days on earth are as a shadow, And
without hope. O LORD our God, all this
abundance that we have prepared to build
You a house for Your holy name



Prayer of King David

is from Your hand, and is all Your own.

I know also, my God, that You test the heart and have pleasure in uprightness.

As for me, in the uprightness of my heart I have willingly offered all these things; and now with joy I have seen Your people, who are present here to offer willingly to You."





Psalm Adam for the Great Lent

I cried with my voice, to You O my God,
because of fasting, grant me salvation.

**Help my weakness, O Savior,
because of fasting, clean our dirt.**

For our forefathers, have taught us,
that because of fasting, they gained salvation.

**David Jesse's son, in his kingdom,
because of fasting, he received victory.**

The serpent deceived, Eve and Adam,
and because of fasting, the Lord had compassion
on them.

**Truly Enoch's mind, was enlightened,
and because of fasting, he was taken to heaven.**

Psalm for the Great Lent

Elijah in his prayer, asked and received,
and because of fasting, he stopped the rain.

**Abraham's sacrifice, the Lord accepted,
and because of fasting, he hosted God.**

Isaac the beloved, was offered to the slaughter,
and because of fasting, he was joyfully saved.

**And also Jacob, his eyes were darkened,
and because of fasting, he saw the ladder.**

Moreover Joseph, was sold to men,
and because of fasting, he reigned over Egypt.

**Moses the prophet, spoke with God,
and because of fasting, he received the two
tablets.**





Psalmi Adam for the Great Lent

Noah the righteous, before the flood,
because of fasting, he made the ark.

**Suddenly the men, of Nineveh,
because of fasting, the Lord heard their voices.**

And Lot in the fire, through his deeds,
and because of fasting, was saved with
his daughters.

**And likewise Jonah, in the whale's belly,
because of fasting, he came out safely.**

The lions' mouths, could not approach Daniel,
and because of fasting, they were subdued through
his prayer.



Psalm Adam for the Great Lent

**Samuel the anointer, of the kings,
because of fasting, his days increased.**

And the three children, of Babylon,
because of fasting, they quenched the fire.

**My masters and fathers, the Apostles,
because of fasting, they restored the nations.**

God of all gods, Jesus the Judge,
because of fasting, confirmed the strugglers.

**Coolness and rest, and repose,
because of fasting, will come on Judgment [Day].**

The Savior taught us, in His Gospel,
that because of fasting, we can cast out demons.

**O Kind One, to the sinners,
because of fasting, forgive us ours sins.**

A Prayer by Saint Basil

O all-merciful, incorrupt, pure, undefiled, only sinless Lord, cleanse me, I am your useless servant from all defilements of body and soul, and from this impurity which has happened to me because of my carelessness and indifference, together with all mine other iniquities.

Purify me of every stain by the grace of Thy Christ; sanctify me by sending down Thy Holy Spirit; so that, rising up from the fog of my impurities and the fantasies of



A Prayer by Saint Basil

the devil, and from every diabolical defilement, I might be made worthy in pure conscience to open my foul and polluted mouth to praise Your all-holy Name of the Father, the Son and the Holy Spirit; and thereby to participate guiltlessly and uncondemned in the most pure, immortal, most holy and life-giving Mysteries of Your only begotten Son, our Lord and God and Savior Jesus Christ; with Whom You are blessed,



A Prayer by Saint Basil

together with Your all holy, and good, and
life-creating Spirit, now and
ever, and unto the ages of ages.

Amen.



Silent personal prayers



Conclusion of every hour

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come.

Lord receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies. Conduct our thoughts. Purify our intentions. Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory. For You are blessed forever. Amen.

