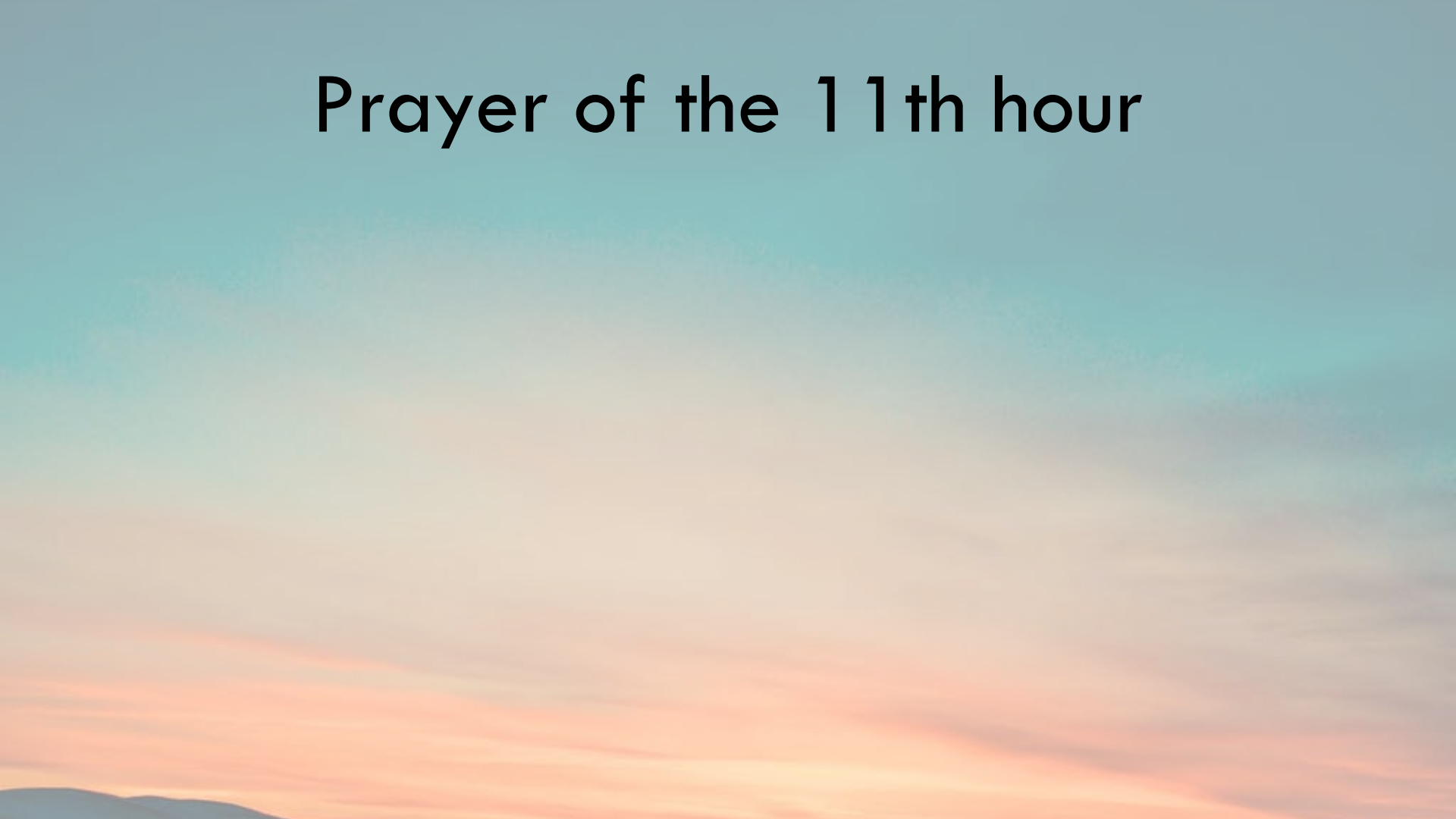


*“Praise to Him Who
liberated us, having been
bound for our sake.”*

Prayer of the 11th hour



Psali Watos for Bright Saturday

+ The Lord has increased goodness for us, so we became joyful,
let us say without ceasing, holy Immortal have mercy upon us.

+ You became man like us, O only-begotten God,
without alteration or change, holy Immortal have mercy upon us.

**You are Jesus Christ, the Son of God the Word,
the Existent and Creator, holy Immortal have mercy upon us.**

**O Master the Lover of men, glory and holiness are due to You,
for You have come and saved us, holy Immortal have mercy upon us.**

Psali Watos for Bright Saturday

- + You stood in front of Pilate to be judged, You the uncircumscribed One, for the salvation of the world, holy Immortal have mercy upon us.
- + The Giver of life and the Incomprehensible, suffered and was buried, for the sake of Adam to raise him, holy Immortal have, mercy on us.

**Through Your cross, You granted us the freedom,
and we gained the true life, holy Immortal have mercy upon us.
A pure and acceptable sacrifice, without blemish and immaculate,
You lifted up Yourself O holy Lamb, holy Immortal have mercy upon us.**

Psali Watos for Bright Saturday

+ O Jesus Christ the Immortal, You abolished death with Your Death, and freed the whole world, holy Immortal have mercy upon us.

+ You have trampled the devil's sting, and the venomous serpent, and humiliated them with Your power, holy Immortal have mercy upon us.

Then You saved Your people, Adam and Eve and their race, from the Hades full of sorrow, holy Immortal have mercy upon us.

**Let us praise with David, the blessed saying,
"Arise O Lord why sleep," holy Immortal have mercy upon us.**

Psali Watos for Bright Saturday

+ Who is like You among the other gods, You are the God of gods, we praise
You in many ways, holy Immortal have mercy upon us.

+ Blessed are You O Christ the crucified, for You turned our sadness to joy, and
You freed us from the bitter slavery, holy Immortal have mercy upon us.

**You had compassion on our weakness, we who are sinners,
as a good One and Lover of men, holy Immortal have mercy upon us.**

**The Lord said, "Now I will rise,
and openly save My creation," holy Immortal have mercy upon us.**

Psali Watos for Bright Saturday

+ Be glad and rejoice O you faithful, in the name of the Lord Jesus Christ,
and proclaim with Nicodemus, holy Immortal have mercy upon us.

+ Bless and have mercy upon us, You who was crucified for us,
and count us with Dimas the thief, holy Immortal have mercy upon us.

**We ask You O victorious One, saying remember us O our King,
when You come in Your kingdom, holy Immortal have mercy upon us.**

**O Son of God, grant us mercy and salvation,
in Your fearful Second Coming, holy Immortal have mercy upon us.**

Psali Watos for Bright Saturday

+ O You who carried the sin of the world, place us with the righteous,
Joseph and Nicodemus, holy Immortal have mercy upon us.

+ Forgive us our sins, through the supplications and intercessions,
of the lady of us all Virgin Mary, holy Immortal have mercy upon us.

**Sustain all the Orthodox souls, in the paradise,
of prosperity and delight, holy Immortal have mercy upon us.**

**All glory and praise, befit Your power,
now and forever, holy Immortal have mercy upon us.**

Hanna's Prayer

“My heart rejoices in the LORD; My horn is exalted in the LORD. I smile at my enemies, Because I rejoice in Your salvation. “No one is holy like the LORD, For *there is* none besides You, Nor *is there* any rock like our God. “Talk no more so very proudly; Let no arrogance come from your mouth, For the LORD *is* the God of knowledge; And by Him actions are weighed. “The bows of the mighty men *are* broken, And those who stumbled are girded with strength. *Those who were* full have hired themselves out for bread, And the hungry have ceased *to hunger*. Even the barren has borne seven, And she who has many children has become feeble. “The LORD kills and makes alive; He brings down to the grave and brings up. The LORD makes poor and makes rich; He brings low and lifts up.

Hanna's Prayer

He raises the poor from the dust *And* lifts the beggar from the ash heap, To set *them* among princes And make them inherit the throne of glory. For the pillars of the earth *are* the LORD's, And He has set the world upon them. He will guard the feet of His saints, But the wicked shall be silent in darkness. "For by strength no man shall prevail. The adversaries of the LORD shall be broken in pieces; From heaven He will thunder against them. The LORD will judge the ends of the earth. "He will give strength to His king, And exalt the horn of His anointed."

Psalm for the Feast of Resurrection

Let us sing today, with a voice of joy,
for the King of glory, ***Jesus Christ arose.***

Everyone praises, with an incessant voice,
for God the Word, ***Jesus Christ arose.***

+ For He is our God, come let us worship Him,
the Lamb of God, ***Jesus Christ arose.***

+ The Master died in the flesh, and was buried,
and on the third day, ***Jesus Christ arose.***

Emmanuel the Word, let us praise Him,
with the angels, ***Jesus Christ arose.***

Psali Adam for the Feast of Resurrection

All the seven orders, worship Him,
proclaiming continually, "***Jesus Christ arose.***"

+ Behold our father Adam, rejoiced and was glad,
with our father Abraham, ***Jesus Christ arose.***

+ Rejoice O prophets, for the Incomprehensible One,
our Lord the Master, ***Jesus Christ arose.***

Behold the Apostles, saw and rejoiced,
they preached to the world, ***Jesus Christ arose.***

Those who were carrying the spices, the angel appeared to them,
saying "He is not here," ***Jesus Christ arose.***

Psalm Adam for the Feast of Resurrection

+ Rejoice O Virgin, Mary the Mother of joy,
for truly your Son, ***Jesus Christ arose.***

+ Today let us rejoice, and be glad,
because the King of kings, ***Jesus Christ arose.***

Luke the wise, and John His beloved,
truly have preached, ***Jesus Christ arose.***

Blessed are You O Christ, the unquenchable Light,
come let us praise Him, ***Jesus Christ arose.***

+ He has saved His people, with His arm,
from the Devil, ***Jesus Christ arose.***

Psalm Adam for the Feast of Resurrection

+ The true Lamb, let us praise Him,
our true God, ***Jesus Christ arose.***

Guard us O our God, from malice,
O our Master the Son of God, ***Jesus Christ arose.***

Zion and Jerusalem, rejoice today,
with the land of Naphtali, ***Jesus Christ arose.***

+ We praise and bless Him, and serve Him,
and worship Him, ***Jesus Christ arose.***

+ The Son of God our King, died and was buried,
and after three days, ***Jesus Christ arose.***

Psalm for the Feast of Resurrection

This is the day, the Lord has made,
let us rejoice today, ***Jesus Christ arose.***

Hail to the Resurrection, and the tomb and the blood,
which the only-begotten shed, ***Jesus Christ arose.***

+ Repose all the souls, in the dwelling of joy,
for the sake of Your Mother the Queen, ***Jesus Christ arose.***

+ O who has suffered, and trampled death have mercy,
upon us O King of the ages, ***Jesus Christ arose.***

The Monday Theotokia

The First Part

While Adam was sad, God was pleased,
to bring him back, to his authority.

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Second Part

Eve who was tempted, by the serpent,
was condemned, by the Lord.

+ “For in abundance, I will greatly multiply,
your sorrows, and your sighs.”

The Monday Theotokia

Yet God felt compassionate, through his love for man,
and was pleased, to free her once again.

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Third Part

Jesus Christ the Word, who came and took flesh,
He dwelt in us, and we saw His glory.

+ Like the glory of the only Son, of His Father,
He was pleased, to redeem us.

He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Monday Theotokia

The Fourth Part

+ (Isaiah) has seen, the mystery,
of Emmanuel, with prophetic insight.

Therefore Isaiah, the great prophet,
cried out proclaiming, and saying.

+ “For unto us a Child is born, unto us a Son is given,
the government shall be, upon His shoulder.

The powerful God, of authority,
and the Angel of, the great counsel.”

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Monday Theotokia

The Fifth Part

Rejoice and be happy, O human race,
for God so revealed, His love to the world.

+ That He gave, His beloved Son,
for those who believe in Him, so that they may live forever.

For He has overcome, by His compassion,
and sent unto us, His almighty arm.

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Monday Theotokia

The Sixth Part

He who is, and who was,

who has come, who is to come again.

+ Jesus Christ the Word, who was incarnate,

without alteration, became a perfect man.

Without alteration of His being, or mingling or separation,

of any kind, after the unity.

+ But He is of one nature, one hypostasis,

and one person, for God the Word.

He shone in the flesh, taken from the Virgin,

without the seed of man, in order to save us.

The Monday Theotokia

The Seventh Part

+ Hail to Bethlehem, the city of the prophets,
in which was born Christ, the second Adam.

In order to bring Adam, the first man,
who was made of dust, back to Paradise.

+ And to absolve, the decree of death saying,
“Adam you are from dust, and to dust you shall return.”

For in the place, where sin has abounded,
the grace of Christ, has abounded more.

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Monday Theotokia

The Eighth Part

All the souls, rejoice and sing,

with the angels, and praise Christ the King.

+ Proclaiming and saying, “Glory to God in the highest,
peace on earth, and goodwill toward men.”

For He has destroyed, the middle wall,
and killed the enmity, with perfection.

+ He has torn, the verdict of slavery,
pronounced on Adam and Eve, and He freed them.

He who was born for us, in the city of David,
is our Savior Jesus, as the angel said.

The Monday Theotokia

+ He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

The Ninth Part

God is light, He abides in light,
and the angels of light, sing unto Him.

+ The Light has shone, from Mary,
and Elizabeth, gave birth to the forerunner.

The Holy Spirit, woke up in David,
and said “Arise and sing, for the Light has shone.”

+ So David the psalmist, and the holy one,
rose up and took his, spiritual harp.

The Monday Theotokia

He went to the church, the house of the angels,
he praised and chanted to, the Holy Trinity.

+ Saying “In Your light, O Lord we will see light,
let Your mercy come, to those who know You.”

O true Light, that shines upon,
every man, that comes into the world.

+ You have come into the world, through Your love for man,
and all the creation, rejoiced at Your coming.

You have saved Adam, from the seduction,
and delivered Eve, from the pangs of death.

The Monday Theotokia

+ You gave unto us, the Spirit of sonship,
we praise and bless You, with Your angels.
He shone in the flesh, taken from the Virgin,
without the seed of man, in order to save us.

Prayer by St Ephrem the Syrian

Praise to Him Who descended to us in human form! Praise to the Invisible One who became visible for our sake! Praise to the Eternal One Who tasted death for us! Praise to the Mysterious One Whom no mind can comprehend, and Who through His grace made Himself manifest by taking on flesh!

Blessed is He Whose good will brought Him to His mother's womb and bosom, to be born and reared! Blessed is He Who partook of death and thus granted life to mankind. Blessed is He Who made our flesh a dwelling place for His mysterious being. Blessed is He Who declared to us His mysteries in our own tongue.

Prayer by St Ephrem the Syrian

Praise to Him Who liberated us, having been bound for our sake. Glory to Him Who is plenteous in mercy, Who has redeemed us without taking anything in return.

Praise to the Judge Who accepted condemnation for our sake. Let us worship Him Who has enlightened our mind with His teaching and laid down a path for His word in our hearing. Let us give thanks to Him Who has grafted His fruit to our tree.

Praise to Him Who invisibly cultivates our spirit. Blessed is He Who attuned the senses of our spirit, that it might ever play songs of exaltation to Him on its lyre. Amen

Silent personal prayers

The background of the image is a soft, ethereal sky during a sunset or sunrise. The colors transition from a pale teal at the top to a warm, glowing orange and yellow near the horizon. Wispy, horizontal clouds are scattered across the sky, catching the light and adding texture to the scene. The overall mood is peaceful and contemplative, perfectly complementing the text.

Conclusion of every hour

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come. Lord, receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies Conduct our thoughts. Purify our intentions.

Conclusion of every hour

Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory.
For You are blessed forever. Amen.