

A white cross is centered on the right side of the image. The background behind the cross consists of several thick, diagonal brushstrokes in shades of orange and red, set against a light beige background with faint, thin lines radiating from the cross.

*"The adornment of the Church, and the pride of virginity,
the true queen and the chaste, Mary the Mother of God"*

Prayer of the 9th hour



Dear Lord do glorify Your name

**Dear Lord do glorify Your name
so that all the people proclaim
(May You always open your eyes
and May Your Spirit make us wise)2**

As you listen to Your people sighs

Give us dear Lord from Your deep faith

Let us see that you're here to save

(Walk with us through the waves that strike

Give us assurance as we fight) 2

Amazing is Your love so deep

Dear Lord do glorify Your name

**Dear Lord do glorify Your name
so that all the people proclaim
(May You always open your eyes
and May Your Spirit make us wise) 2**

As you listen to Your people sighs

Let's leave the pots and quit all blocks

Let's praise the Lord and preach his flock

(He came to win He took us in) 2

He rose from death to eternal life

Dear Lord do glorify Your name

**Dear Lord do glorify Your name
so that all the people proclaim
(May You always open your eyes
and May Your Spirit make us wise) 2
As you listen to Your people sighs
We have no one we have no one
We turn our eyes to the only One
Our Lord Divine.. our Lord look down (2)
For You dear Lord .. our only One**

Dear Lord do glorify Your name

**Dear Lord do glorify Your name
so that all the people proclaim
(May You always open your eyes
and May Your Spirit make us wise) 2
As you listen to Your people sighs**

Prayer of St Mary (Luke 1:46-55)

“My soul magnifies the Lord, And my spirit has rejoiced in God my Savior. For He has regarded the lowly state of His maidservant; For behold, henceforth all generations will call me blessed. For He who is mighty has done great things for me, And holy is His name. And His mercy is on those who fear Him From generation to generation. He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. He has put down the mighty from their thrones, And exalted the lowly. He has filled the hungry with good things, And the rich He has sent away empty. He has helped His servant Israel, In remembrance of His mercy, As He spoke to our fathers, To Abraham and to his seed forever.”

Psalm Watos for the Fast of St Mary

Come to praise, our Lord Jesus Christ,

and His Mother the Virgin, Mary the Mother of God.

Berechiah spoke about you, of the economy of salvation,

Which is the dawning of Christ from you, Mary the Mother of God.

+ For the Lord the Eternal, has chosen you O Virgin,

For you are the pride of our race, Mary the Mother of God.

+ Daniel has likened you, to the rational mountain,

and Mount Zion, Mary the Mother of God.

Who among the wise, and the faithful scholars,

can speak of your blessedness, Mary the Mother of God.

Zechariah has told us, in his prophecy taught us,

You are the daughter of Zion, Mary the Mother of God.

+ Isaiah and Daniel, witnessed to you with joy,

you are the Mother of Emmanuel, Mary the Mother of God.

Psalm Watos for the Fast of St Mary

**+ This is the door of the east, this is city of the merciful One,
and the dwelling of the Lord, Mary the Mother of God.**

Jeremiah directs and prophesied, that you are,
the shakable mountain, Mary the Mother of God.
Jacob spoke with joy, about a hidden mystery,
that her virginity is sealed, Mary the Mother of God.

**+ A branch budded from her, the pure vine,
and the beautiful dove, Mary the Mother of God.**

**+ Moses saw the Logos, when He was within her,
which is the fire in the burning bush, Mary the Mother of God.**

The heavenly ones wonder, and praise with great power,

your Son Jesus, Mary the Mother of God.
Foremost Gabriel, came to you with honor,
and greeted you, Mary the Mother of God.

Psalm for the Fast of St Mary

**+ A mystery in two wonders, the barren one giving birth to a son,
and a Virgin giving birth to God of us, Mary the Mother of God.**

**+ The pure Lamb, the Son of God in truth,
was incarnate of the Virgin, Mary the Mother of God.**

The mouths of the teachers of the Church, the fountain of wisdom,
speak of the honor of the all-holy, Mary the Mother of God.

Solomon the son of the king, spoke of the greatness of your
honor, in the Song of Songs, Mary the Mother of God.

**+ You deserve all honor, O queen Mother of the King,
and the angels praise you, Mary the Mother of God.**

**+ The Son of God has chosen you, and dwelled in you,
for you deserved honor, Mary the Mother of God.**

The glorified God, in the mouths of His saints,
the pure Virgin feed him, Mary the Mother of God.

Psalmi Watos for the Fast of St Mary

Hail to the mountain of which, the stone was cut without human hands,

you have guided all the virgins, Mary the Mother of God.

+ The adornment of the Church, and the pride of virginity,

the true queen and the chaste, Mary the Mother of God.

+O pure tabernacle, O undefiled Virgin,

the Mother of God the Word, Mary the Mother of God.

Prayer by St Clement of Rome

Grant us, Lord, to hope on your name, which is the primal source of all creation, and open the eyes of our hearts that we may know you, who alone are highest among the high; you are holy, abiding among the holy.

You humble the pride of the proud; you destroy the plans of nations; you exalt the humble and humble the exalted; you make rich and make poor; you kill and make alive.

You alone are the benefactor of spirits and the God of all flesh, looking into the depths, scanning the works of humans; the helper of those who are in danger, the savior of those in despair; the creator and guardian of every spirit.

You multiply the nations upon the earth, and from among all of them you have chosen those who love you through Jesus Christ, your beloved son, through whom you instructed us, sanctified us, and honored us.

Prayer by St Clement of Rome

We ask you, Master, to be our helper and protector. Save those among us who are in distress; have mercy on the humble; raise up the fallen; show yourself to those in need; heal the sick; turn back those of your people who wander; feed the hungry; ransom our prisoners; raise up the weak; comfort the discouraged. Let all the nations know that you are the only God, that Jesus Christ is your son, and that we are your people and the sheep of your pasture.

For you, through your works have revealed, the everlasting structure of the world. You, Lord, created the earth. You are faithful throughout all generations, righteous in your judgments, marvelous in strength and majesty, wise in creating and prudent in establishing what exists, good in all that is observed and faithful to those who trust in you, merciful and compassionate: forgive us our sins and our injustices, our transgressions and our shortcomings.

Prayer by St Clement of Rome

Do not take into account every sin of your servants, but cleanse us with the cleansing of your truth, and direct our steps to walk in holiness and righteousness and purity of heart, and to do what is good and pleasing in your sight and in the sight of our rulers.

Yes, Lord, let your face shine upon us in peace for our good, so that we may be sheltered by your mighty hand and delivered from every sin by your uplifted arm; deliver us as well from those who hate us unjustly. Give harmony and peace to us and to all who dwell on the earth, just as you did to our ancestors when they reverently called upon you in faith and truth, that we may be saved, while we render obedience to your almighty and most excellent name. You, who alone are able to do these and even greater good things for us, we praise through the high priest and benefactor of our souls, Jesus Christ, through whom be the glory and the majesty to you both now and for all generations and forever and ever. Amen.

Silent personal prayers

