



“When my  
soul fainted  
within me, I  
remembered  
the LORD”  
(JONAH 2:7)

Prayer meeting theme

# Prayer of the 9<sup>th</sup> hour



# Hear my cry I pray to thee

- Hear my cry I pray to thee  
And to my voice incline Your ear  
Hold me and have mercy upon me (2)  
For You O' Lord I'm in great need (2)
- My soul is troubled in the deep  
And my eyes are full of tears  
Now I remember you indeed (2)  
For your salvation is near (2)
- All the waves came upon me  
I was drowned in the deep sea  
I asked for help where it could be (2)  
But in the hands of my dear Lord (2)



# Hear my cry I pray to thee

- My heart is trembling in great fear  
And my head is wrapped in weeds  
Out of the depths I cried to Thee (2)  
Save my soul and set me free (2)
- God ordered the whale in the sea  
To safely drop Jonah in peace  
In the whale's belly Jonah kneels (2)  
And thanked the Lord for his great deeds (2)

# Jonah's prayer (Jonah 2:1-10)

“I cried out to the LORD because of my affliction,  
And He answered me. “Out of the belly of Sheol I cried,  
And You heard my voice. For You cast me into the deep,  
Into the heart of the seas, And the floods surrounded me;  
All Your billows and Your waves passed over me. Then I  
said, ‘I have been cast out of Your sight; Yet I will look  
again toward Your holy temple.’ The waters surrounded  
me, even to my soul; The deep closed around me;  
Weeds were wrapped around my head. I went down to  
the moorings of the mountains; The earth with its  
bars closed behind me forever; Yet You have brought up  
my life from the pit, O LORD, my God.

“When my soul fainted within me, I remembered the LORD;  
And my prayer went up to You, Into Your holy temple.

“Those who regard worthless idols Forsake their own Mercy.  
But I will sacrifice to You With the voice of thanksgiving; I  
will pay what I have vowed. Salvation is of the LORD.”

# Your mercies O my God

• مراحمك يا إلهي، غير محصاة، وكثيرة جداً، هي رأفاتك.

All the rain drops, are counted by You, and the sand of the sea, is before Your eyes.

• فكم بالحري، خطايا نفسي، هذه الظاهرة، أمامك يا ربي.

• +The sins that I have committed, do not remember my Lord, and do not count, my iniquities..

• فإن العشار إخترتة، والزانية خلصتها، واللص اليمين، يا سيدي ذكرته.

• +And I too, the sinner, teach me O my Master, to offer repentance.

• لأنك لا تشاء، موت الخاطئ، مثل أن يرجع، وتحميا نفسه.

# Your mercies O my God

- +Restore us O God, to Your salvation, and deal with us, according to Your goodness.

• لأنك أنت صالح، ورحوم، فلتدركنا، رأفاتك سريعاً.

- +Have compassion upon us all, O Lord God our Savior, and have mercy upon us, according to Your great mercy.

• هؤلاء أذكركم، يا سيدنا المسيح، كن في وسطنا، صارخاً قائلاً:

- " +My peace I, give to you, the peace of My Father, I leave with you."

• يا ملك السلام، أعطنا سلامك، قرر لنا سلامك، وإغفر لنا خطايانا.

- +Disperse the enemies, of the Church, and fortify her that she, may not be shaken forever.

• عمانوئيل إلهنا، في وسطنا الآن، بمجد أبيه، والروح القدس.

- +May He bless us all, and purify our hearts, and heal the sicknesses, of our souls and bodies.

• نسجد لك أيها المسيح، مع إبيك الصالح، والروح القدس، لأنك قمت وخلصتنا.



# St Ephraim the Syrian

Lord Jesus Christ, King of Kings, You have power over life and death. You know what is secret and hidden, and neither our thoughts nor our feelings are concealed from You. Cure me of duplicity; I have done evil before You.

Now my life declines from day to day and my sins increase. O Lord, God of souls and bodies, You know the extreme frailty of my soul and my flesh. Grant me strength in my weakness, O Lord, and sustain me in my misery. Give me a grateful soul that I may never cease to recall Your benefits, O Lord most bountiful. Be not mindful of my many sins, but forgive me all my misdeeds. O Lord, disdain not my prayer - the prayer of a wretched sinner; sustain me with Your grace until the end, that it may protect me as in the past.

It is Your grace which has taught me wisdom; blessed are they who follow her ways, for they shall receive the crown of glory. In spite of my unworthiness, I praise You and I glorify You, O Lord, for Your mercy to me is without limit. You have been my help and my protection. May the name of Your majesty be praised forever. To you, our God, be glory. Amen.



# Silent personal prayers



# Conclusion of every hour

Have mercy on us, O God, and have mercy on us, who, at all times and in every hour, in heaven and on earth, is worshipped and glorified, Christ our God, the good, the long suffering, the abundant in mercy, and the great in compassion, who loves the righteous and has mercy on the sinners of whom I am chief; who does not wish the death of the sinner but rather that he returns and lives, who calls all to salvation for the promise of the blessings to come.

Lord receive from us our prayers in this hour and in every hour. Ease our life and guide us to fulfill Your commandments. Sanctify our spirits. Cleanse our bodies. Conduct our thoughts. Purify our intentions. Heal our diseases. Forgive our sins. Deliver us from every evil grief and distress of heart. Surround us by Your holy angels, that, by their camp, we may be guarded and guided, and attain the unity of faith, and the knowledge of Your imperceptible and infinite glory. For You are blessed forever. Amen.